DEVELOPMENTAL MILESTONES

3-4 Year Olds

Social/Emotional
Plays with toys appropriately. Follows rules for simple board games.

Cognitive
Follows simple directions involving prepositions: under, over, next to, up, and down.
Uses numbers 1-3 functionally. (“Give your brother 2 spoons.”)

Speech/Language
Responds appropriately to what/where questions. Uses 3-4 word sentences. Produces earlier developing sounds correctly (m,p,h,n,d,w,b).

Gross Motor
Runs and gallops in different directions without falling. Jumps over an object with both feet together. Climbs up and down playground equipment.

Fine Motor
Strings various sized beads. Stacks up to 10 small blocks. Copies lines, circles, and crosses.

Self Help
Eats with a fork and spoon. Puts jacket on and off. Is completely toilet trained.

4-5 Year Olds

Social/Emotional
Plays cooperatively with peers. Identifies own feelings.

Cognitive
Completes simple opposite analogies. Sorts a group of objects or pictures by category (foods, animals, clothes). Counts 10 objects in a row.

Speech/Language
Follows a series of 2-3 directions. Talks about recent events and experiences. Uses 6-8 word sentences. Uses speech that is 80-100% intelligible.

Gross Motor
Climbs up and down stairs without support. Hops on one foot. Pedals a tricycle.

Fine Motor
Draws a simple picture of a person. Cuts along a straight line. Screws and unscrews a lid.

Self Help
Completes most fastenings on clothing. Spreads with a knife.